



Bringing Hope, Breaking Despair

# Annual Report

## 2023



**Health  
Care**



**Substance Abuse  
Recovery**



**Life  
Skills**



**Agricultural  
Training**



**Family  
Strengthening**



**Community  
Response**

Living Hope is a Faith-based Non-Profit Organisation whose vision is to reach people for Christ, Bringing Hope and Breaking the Despair of poverty and disease. Living Hope undertakes community development through educational, social, income generation, and health-related programmes; and plays a vital role in the prevention, care and treatment of people infected and affected by HIV/AIDS and other chronic illnesses.

Living Hope is involved in 12 of the 17 U.N. Sustainable Development Goals (SDG's).



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5,877  
HIV+  
people  
followed up

250  
children  
received  
uniforms  
and  
bags

151,165  
people  
served  
through all  
programmes

177  
Started  
on ARV  
medication

317  
kids  
average  
daily  
attendance  
in LSE Clubs

738  
people  
made  
decisions  
to follow  
Christ

93 people  
completed  
rehab

79  
people in  
our disability  
programme

11  
Impact  
Interventions  
per person  
served

71 051  
people  
were served  
through the  
Community  
Response  
programme

60,916  
attendances  
of kids at  
Afternoon  
and  
Holiday  
Clubs

4,919  
unemployed  
people were  
assisted in  
applying for  
a job.

1,983,050  
Impact  
Interventions  
for all  
programmes

24 958 kgs  
of tomatoes &  
cherry  
tomatoes  
produced

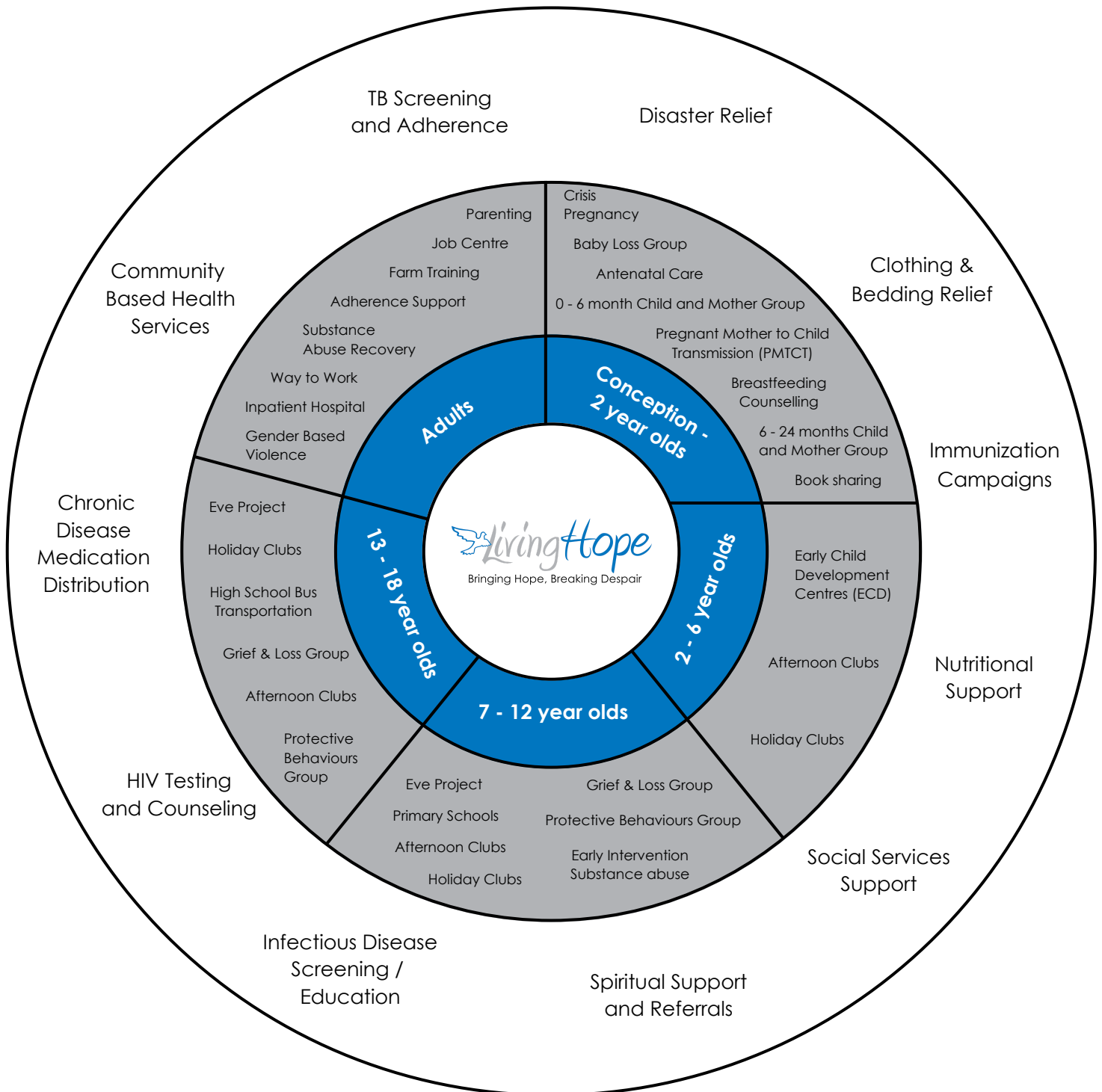
44,287 more  
people served  
through all  
programmes  
compared to  
2021-2022

20,344  
medication  
parcels  
successfully  
delivered

96,608  
Home  
Visits

# Living Hope Programmes

Through 52 programmes, Living Hope journeys with people across all life stages, from conception to death, as we Bring Hope and Break Despair.



# Chairperson

**"The Board seeks to serve Living Hope and its staff by helping keep our focus on the mission God has given us so that we can serve the people in our communities with care and excellence."**

As a Board of Trustees, we seek to ensure that Living Hope stays on track with its vision and values by providing governance and oversight. We are always thrilled to hear of the number of people the staff and volunteers are able to reach each year. We are mindful that as we look at the statistics in this report, that these are real people whom God loves, who have been helped and blessed through the work of Living Hope. The communities we serve are already struggling, but after the COVID pandemic and now with the cost of living crisis, so many people are stretched beyond their limits - this is showing up in all the programmes and in the mental health challenges of those we serve. These are the same challenges that many of our staff and volunteers are facing in their lives and families too. We are enheartened to hear of the number of people this past year who have made a decision to follow Jesus through the impact of Living Hope programmes. It is always awe-inspiring to hear of people's lives who have been touched by Living Hope and that they have hope to carry on. As a Board, we don't get very much direct interaction with our people, so it is always so encouraging when we hear of the impact of Living Hope on people's lives and future. We are encouraged when we hear from various partners that they are happy with the governance of Living Hope, and we believe that diligent governance allows us to serve our people better.

As a Board, we deal with lots of reports - Strategic Plans, policies, and audits, as well as helping make some key decisions for the direction of the organisation. In addition to governance, the Board seeks to serve Living Hope and its staff by helping keep our focus on the mission God has given us so that we can serve the people in our communities with care and excellence. As a Board of Trustees we are cheerleaders for our amazing staff and volunteers - we try to do all we can to help them to do their jobs well. It has been exciting to turn in the applications to build a campus for our Eastern Cape branch. It has also been encouraging to see how donors have responded to the load-shedding crisis with donations towards solar solutions. We are looking forward to working on a new 3-year Strategic Plan later this year. It is a great opportunity to revisit the purpose and focus of each of our programmes. With the handover between John and Victor Thomas, it has been amazing to see how donors and funders have fully embraced the transition. Thank you to Victor and John for the smooth transition of leadership of Living Hope - what could have been a difficult time has gone smoothly and Living Hope has continued to be able to serve the communities in which it is placed. We are amazed again and again by the confidence and trust that our partners put in Living Hope.

By Tracey Uganja





## Executive Director

### "Onward, Outward and Upward"

For a moment, let me tell you about the most beautiful tree. It's a place of rest, renewal, refreshing, restoration, and rebuilding. There is much to learn from Trees! In the Bible, Jesus said once, "How can I describe God's kingdom [that's like if everything was right in the world]? God's kingdom is like the smallest seed that one might plant in a garden. When it grows, it becomes a huge tree, with so many spreading branches that various birds make nests there.". I love that picture, do you? Something small, growing into something huge, spreading branches, can you see it? What a marvellous picture; imagine sitting in the shade of that tree. We are told various birds make nests there. Singing their song, resting, enjoying the fullness of life, and creating new life. What a refreshing, restorative picture.

Living Hope is like that tree, and it's beautiful. It's a place of rest, renewal, refreshing, restoration, and rebuilding for many lives and families. 151,165 individuals, to be exact, this year; that's a lot of people experiencing the beauty of the tree and its spreading branches. The branches of Living Hope are filled with the sounds of new life, joy, clapping, and singing, and it's in no small part because of the generous donors who tend to it.

In amongst the statistics, I want you to experience the sounds and life of the trees. The branches of Living Hope are filled with the sounds of new life (our Thousand-Day programming), the clapping and joy of families reunited, prodigals returning, addicts free (at our Recovery Programme), seeing the lame walk (at our Health Care Centre), troubled or mental health restored (through our HAST and CBS work), rest for families (in our Parenting and Family Strengthening work), laughing (happening at our Disabilities Programmes), children rediscovering joy again (at our Children's Clubs), the smile of mom's, the tears of loved ones, held by carers and our chaplain as they witness the passing of a loved one, and the tears of those who felt lost and now found life again, renewal, the laughter of an incredible team and community leaders who tirelessly give it all for their neighbour, love being demonstrated onward, outward and upward, day and night this tree is alive with life. It's a tree of life; it's genuinely a thing of beauty.

What a refreshing, restorative picture. Living Hope is a family tree, too, with an amazing team of staff and volunteer family that tend to this tree, bringing hope and breaking despair. In Africa, we have some of the biggest, toughest, longest-lasting trees, able to take on the pounding of an elephant, branches creating a place for rest for generations to come. Your personal investment is an investment in that type of tree, a tree of life and restoration. As you read this year's Living Hope report, you will see incredible numbers, short snippets, and growth stories in the branches, such as in the Eastern Cape (see the QR code to watch a new video). The branches are teeming with life and renewal. I appreciate your support that tends to this beautiful, life-giving tree.

By Victor Thomas

People Served **32,776**

Impact Interventions **283,724**

## HIV, AIDS, STIs and TB (HAST)

**We provide HIV and STI testing, give counselling, and prepare and refer people for treatment while teaching them the importance of adherence. We encourage everyone to know their status.**

The HAST programme aims to reduce the shame and stigma associated with an HIV-positive diagnosis by encouraging people to disclose their status to one person who can support them in their journey. In addition, the programme provides education on Sexually Transmitted Infections, contraceptives, preventative TB and HIV medications. The programme's HIV and Drug Resistant TB Counsellors develop a one-on-one trust-based relationship with vulnerable individuals over many months, which supports them in accepting their diagnosis and starting their treatment journey.

In the past year, the HAST programme has achieved significant milestones in improving individual and community health. The team served 32,776 people with 283,724 person-centred interventions. The programme followed up on 5,877 individuals with Antiretroviral Therapy, a treatment for individuals infected with HIV. Furthermore, 29,891 people were part of education talks, 4,562 were started on TB treatment, and 75 were reached for DR-TB treatment.

This year, the HAST programme has transitioned into our integrated community-based services programme aligned with government strategic changes. The programme aims to shift to community-based services, extending linkage to care opportunities to people who resist attending clinics or hospitals. The programme's integrated approach seeks to shift the system from a curative health mentality to a more preventative one, where each community member takes responsibility for their well-being through healthier lifestyle choices and benefits from peer-led support group initiatives.

By Sue Schoultz

**"It is vital that the spread of disease is prevented through education, accessible medications and trained staff, supporting vulnerable people in adherence to treatment. "**



### TOP 3

4,562 Started TB treatment

Distributed highest total of EVRIMED Pill boxes in the Western Cape

5,877 HIV+ people followed up



### TOP 3

20,344 Chronic Medication parcels successfully delivered

96,608 Home Visits

121 community outreaches conducted



## Community Based Services

Our outpatient service operates in the Southern Peninsula with almost 100 000 in-home visits annually. Carers nurse the sick, dress wounds, monitor patient health, distribute chronic medications, ensure medication adherence, offer families spiritual support, and give medical and social referrals as needed. In addition, Carers engage in door-to-door health campaigns to educate the community on a variety of issues.

Our goal is to provide the right care, at the right time, and in the right place, with a focus on putting people first. We did this through 96 608 home medical visits, 121 community outreaches and over 431,902 person-centred impact interventions. Our staff are making a significant impact on health and wellness in the communities we serve.

A significant number of people in the communities we serve struggle with lifestyle illnesses such as hypertension and diabetes. This year's statistics show that over 50% of the people we serve are impacted by these illnesses. Despite this, we remain optimistic that with ongoing education, new wellness interventions that we are piloting, and improved personal choices, we can offer hope to these people.

As we support people to live healthy and longer lives, we also work with community members, community structures and partners to build a healthy society. We want the people we serve to know that they matter, are loved, have worth and there is hope. We have a strong and empowered group of community health workers in our work areas, providing a high standard of home based care to the communities we serve.

By Joy Truter

**"Serving people in the comfort of their home, our teams are able to share the gospel at their level of understanding, in many cases offering hope where there is none and sharing scripture and prayers as encouragement."**



**21,080**

**People Served**

**431,902**

**Impact Interventions**

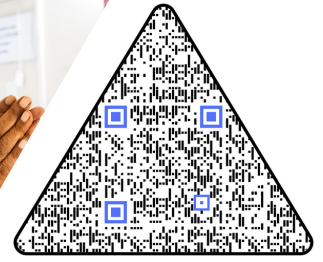
People Served

245

Impact Interventions

171,531

## Health Care Centre



[Watch our video](#)

**Our Sub-Acute Hospital facility provides physical rehabilitation, social support, palliative care, spiritual, nursing, and recuperation following hospitalisation and respite care for the community. We seek to positively influence our patients' quality of life, helping them lead healthier lives, no matter their illness.**

The rehabilitation team at our Health Care Centre (HCC) plays a crucial role in helping patients regain their independence and improve their quality of life after experiencing an operation, stroke, heart attack, accident, or the progression of an illness. Throughout the past year, we have witnessed incredible transformations and successes, as many patients who were initially bedridden could walk out of our facility, reminding us of the miracles in the Bible of "the lame walking". One remarkable story involves a lady admitted to our facility due to a severe stroke, leaving her wheelchair-bound. However, she was determined to walk again. With the intensive and loving interventions from our team, along with support from our community-based team and disability group work, she made remarkable progress. A few months later, she returned to our HCC as a guest speaker at an event, walking into the venue alone. This inspiring story exemplifies the dedication and effectiveness of our rehabilitation team in helping patients achieve their goals.

The nursing and carer team at our Health Care Centre also plays a vital role in providing high-quality care to our patients. They ensure patients receive proper wound care, pressure care, and assistance with attending appointments. We provide tender, loving, end-of-life care to patients and their families. The presence of our nursing and carer team brings joy to the wards, creating an atmosphere filled with laughter and singing. Our doctor, amongst other things, assesses each patient's case, ensures that medication is appropriate for their current stage of life, which prevents polypharmacy or undertreatment of the patient. The social worker assists patients in filling out forms for long-term placement and grants and helps them obtain valid IDs. This comprehensive approach ensures that our patients receive the highest quality of care and support.

By Margaret Roberts

**"In the past year, our Health Care Centre has maintained a high occupancy rate of 85% and has obtained a continuation of the Transitional Care License and agreement with the government. This achievement reflects the community's trust and confidence in our facility and the recognition of our essential role in providing transitional care."**



### TOP 3

85% Occupancy

6212 In-Patient days

25 days  
average  
length of  
stay

## TOP 3

1110 drug tests

63 people received Jesus as their personal savior.

93 people completed our programme successfully



## Recovery

**Our structured comprehensive eight-week programme seeks to break the chains of addiction, holistically transforming people's habits, lives and families.**

The Recovery programme connected with 1824 people this past year through 770 support groups, 395 aftercare people, 17419 Group sessions, Ocean View (1275), Retreat Shelter (2277), and Muizenberg (13867), and 524 Individual sessions. The programme provides a safe learning environment for our clients to talk, listen, and be equipped with the appropriate skills and tools to cope with ongoing sobriety. We additionally serve four meals daily as many of our people come from impoverished communities with major food insecurity, and providing for this need helps with retention. We are able to refer people to the appropriate additional service providers, such as shelters and clinics, as needed.

This year we have been able to expand our programme to Ocean View, Masiphumelele, and Simon's Town High Schools to reach the growing number of youth who are impacted by or who are addicted to drugs. We also managed to connect with 110 addiction-affected families through our family support programme. The reconciliation and re-integration of our clients with their families is always a programme highlight. It is always a joy to see families reunited, and individuals set free from their addictions.

We share devotions daily and have seen many salvations. People sense the love of God in the programme. One of our biggest encouragements remains the many people that come back to share and celebrate their milestones (days, months, or years) of sobriety with us on a regular basis.

By Olivia Andries



**"It is such an honor to share the gospel with the people daily and to see how they find Jesus as their Savior. The beautiful transformation that is taking place in their lives is amazing, and seeing them recover and maintain their sobriety is priceless."**

**1,824**

**People Served**

**127,717**

**Impact Interventions**

People Served **11,452**

Impact Interventions **274,496**

## Life Skills Education

Providing value-based guidance to right living through Life Skills Education for all Children and Teens. 'The Way to Work' programme and 'The Job Centre' empowers unemployed people and helps prepare them for job searching.



This past year we served 11,452 people, with almost 275,000 meaningful person-centred interventions. Even though we are reaching incredible numbers of children, teens and adults, we intentionally create a personal connection with each person so they know they belong and are part of something bigger. We acknowledge the complex backgrounds and situations they come from and create a space where we can hear their voice, hearts, struggles and dreams.

Our children and teens afternoon clubs saw over 60,916 attendances this past year across multiple locations. These afternoon clubs are places of refuge for children and teens to experience joy and meaning, honestly wrestle with life's questions, find relationships, a space for learning, and emotional and spiritual growth support. Additionally, we provide food for those attending. For some, it will be the only meal for the day. Furthermore, our work within Early Childhood Development centres and schools has also picked up pace over the past year, with now many weekly invitations to ECDs (34 visits) and local schools (79 visits) classrooms and assemblies, either to assist in leading their Life Skills programming or to bring a particular programme.

Our Parenting Programme, geared to equip parents, exceeded our targets and impacted 243 parents. The Job Centre helped many with the 'Way to Work' programme, creating resumes and ultimately helped 4,919 unemployed people apply for a job. As a department, we shine the light of love and hope onto the issues of domestic violence, drugs, gangs, and hunger that our children face daily. We look at what we have in our hands, the skills and abilities God has blessed us with, and use that to show the love of Jesus to those we serve.

By Nathan Pantti

**"Unemployment, poverty, crime, drugs and violence are on the increase and it's eating away at our community's resilience."**

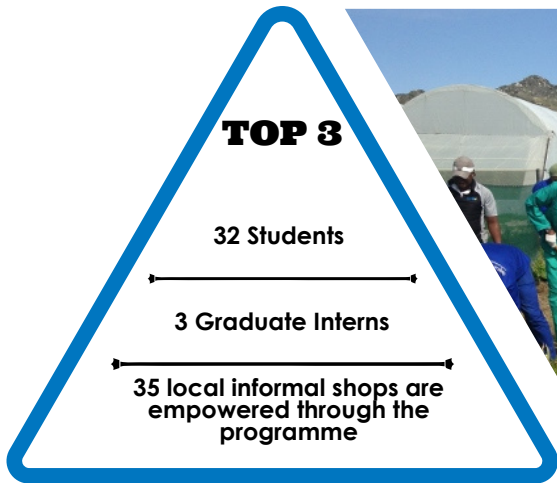


### TOP 3

4,919 unemployed people were assisted in applying for a job through the Job Centre

243 Parents equipped through our parenting workshop

60,916 attendances at club



## Agricultural Training

**Helping people earn their way out of poverty through a practical Agricultural and Business Training Programme, developing future farmers for South Africa.**

The Agricultural Training programme aims to address Africa's long-term food insecurity and unemployment challenges. We provide hands-on, practical, farmer training. The goal is to create graduates with the knowledge, skills, and experience to grow food, create jobs, and become successful farmers. While growing vegetables from "seed to sale" is the primary purpose, a secondary outcome is providing for short-term food security needs, by selling vegetables to communities such as Masiphumelele. These sales strategically support 35 local small informal shops that can re-sell nutritiously dense, fresh produce. Another 25 formal shops and restaurants also purchase our produce. This creates greater food security for the communities we serve and is especially important in areas where food unavailability and insecurity are prevalent.

This year has not been without its challenges, an insect affected our tomato plants and resulted in a loss of produce. Even with that we took on new students, a new tractor was funded, and we completed the shade net project which enabled us to grow more vegetables. We are so thankful to those who fund and donate to this programme. This past year our agricultural programme has started attending local markets and shops, highlighting our great-tasting produce and giving the students valuable customer relations experience. Not only are we helping our students grow occupationally, relationally, but also emotionally and spiritually. Our chaplain spends time with the students exploring questions of life, using the Alpha Course and guiding them to wholeness in life. A recent audit of the programme found that over 90% of graduates were working in agriculture and earning higher salaries than before attending the programme. One of the key findings was that the programme "was successfully producing expert farmers."

By Chantel Liebenberg

**"When I enrolled in the Agricultural Training programme as a student at Living Hope, it changed my life and I have a great opportunity to give back into students lives and to do what God has lead me to do. I believe I am where God wants me to be."**



**352** People Served

**14,098** Impact Interventions

People Served **8,204**

Impact Interventions **102,611**

## Eastern Cape



[Watch our video](#)

**Our Eastern Cape team provides love, care and support to the communities of Mzamomhle and Gonubie in the form of Community Based Care, Life Skills Education, Support Group Facilitation, Family Strengthening and Education around HIV, TB and STI's.**

In the past year, our small team has visited 1686 homes, counselled and tested for HIV 879 times and had 2077 participants in our First Thousand Days programme. We are often called upon to go the extra mile for our people. A recent example was helping two boys get back into school after expulsion. That same day our staff found a family in dire need of food support, we were able to give them a two-week food parcel and invited their son to join our daily children's programming, where food is served.

Consistency in our programmes and maintaining good relationships with other local stakeholders are the keys to our success. We recruit people to attend our programmes so that they can be educated on various topics on how to take care of their families. We empower people by sharing knowledge on common issues in our Support Groups and tracing people who have defaulted on their medication and connecting them back to care. Furthermore, Our Life Skills Educators are running afternoon clubs (100-150 children a day) and facilitating sessions at Mzamowethu public school.

We share the good news of Jesus and pray for them when we are facilitating our programmes, and when visiting people at home. Our programmes are people-centred, curriculum-based and updated frequently. We do our work with love and whole-hearted dedication and remain open to serving where God sends us.

By Pumla Madliwa

**"The vision and mission of Living Hope guides us in helping the needy in our communities."**



### TOP 3

1686 Home Visits

879 HIV Tests

2077 Moms & Babies Talks

### TOP 3

941 Moms completed our programme successfully

101 Moms counselled in Crisis Pregnancy

79 people in our disability programme



## Family Strengthening

**We seek to build resilience in children and families through the provision of Early Intervention services, Gender-Based Violence, Trauma care and Counseling, as well as Advocacy for vulnerable children.**

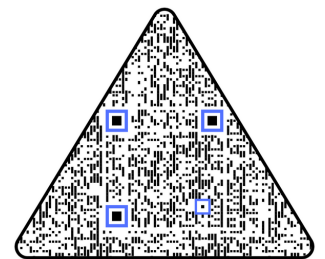
Through our family strengthening programmes, which include Disability, First Thousand Days, children's early intervention, child-focused support groups for bereavement, and HIV and Protective Behaviours education, we have strengthened and built resilience in families across our communities. We have been confronted with issues of child abandonment, child sexual abuse, hunger, issues with identification documents and mental health issues (particularly facing youth).

Our family strengthening team has played a vital role in identifying families facing difficulties and ensuring they are connected to the relevant support such as Connect Network, City of Cape Town, Department of Social Development, Valley Development Projects, Community Cohesion etc. We are grateful for the partnerships and collaborations Living Hope has built and strengthened over the years. These relationships have proven to be an asset in resolving many of the issues mentioned above. We have been positioned so that we can impact change in the whole family, from unborn babies to adults. Together with support from 67 Kids, Cross Church, and Chets Creek, we blessed 250 children with uniforms, school bags, stationery, and food hampers in Masiphumelele and Mzamomhle at the beginning of the school year.

Overall we have seen incredible blessings from the Lord with funding opportunities. Our programme has had some of the most dedicated staff and committed volunteers.

By Sive Vaaltein

**" We believe God's heart is for the family, and our team are all fierce protectors of children. We see it as essential to strengthen families so that children always have an advocate. "**



[Watch our video](#)



**2,624**

**People Served**

**54,939**

**Impact Interventions**

People Served **71,051**

Impact Interventions **516,270**

## Community Response

**Our team seeks to meet and advocate for the basic needs of the communities we serve: from the most vulnerable, to those needing urgent assistance in the face of disasters.**

When there is a disaster of fire or flood, our role includes liaising with the City of Cape Town Disaster Management team and other stakeholders, assisting with data capturing, and advocating for those affected. After a disaster, we seek donations from the public, which are then sorted and distributed, including food, clothing, bedding, linen items, cooking utensils, hygiene items, and storage containers. This last year we distributed more than 2348 emergency recovery packs during the summer fire season.

Living Hope has a strong and trusted working relationship with the community leaders of each community. This enables us to access and assist in a meaningful and fair manner.

Hunger is a growing need - more people have become less employed, for example: previously a mother who was employed four days per week to work in someone's home is now only working two days per week. This results in less income to meet the needs of a household. Our emergency food packs of rice, legumes, and soup mix serve as a nutritiously balanced emergency meal that our staff hand out to hungry people and then refer them to the nearest Cooking Mama's community kitchen for ongoing food support.

We often have the opportunity to spend time with our people as we deliver goods to them, and we are able to listen to their needs and pray with them or just remind them that God loves them and it is because of His provision that we are able to assist them.

By Avril Thomas

**"As we deliver the donations of food, personal and household items we are practically sharing Gods love. Our very action speaks to the hearts of those we are assisting - Bringing Hope and Breaking Despair."**



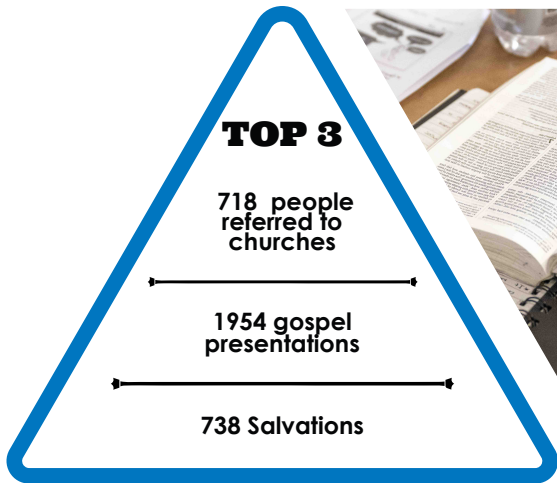
### TOP 3

1/2 million meals served

3247 Rehydration Packets distributed

2348 emergency recovery packs





## Chaplaincy

**Providing spiritual guidance, opportunities to worship, resources, and pastoral assistance to people living with illness, poverty, and hardship, empowering them to overcome challenges and struggles in their lives.**

As the chaplain for the whole of Living Hope, I am blessed to walk alongside our staff and clients with daily devotional time, prayers, and sharing a message of love and comfort from the Scriptures. We are so thankful for the partnership of outside volunteer speakers for our Sunday services for the hospital patients. This year, 58 of our staff members were trained in Evangelism and 17 Pastors attended our Pastor's tea events.

We have a passion to see people come to know Christ. Across the organization, we saw 738 professions of faith for which we are very thankful. One of the challenges in the community is the increase of people not living with Christlike lifestyles. We encourage the staff to share the good news of Christ and be an example to the communities. We continue encouraging people to follow Christ.

Our prayer is that our clients would see the goodness of God and the faithfulness of God in the lives of the people Living Hope serves.

By: Noloyiso Mzizana

**"We give hope to those who are hopeless by encouraging everyone to have a relationship with Christ."**

**For it is by grace you have been saved, through faith; and this is not from yourselves, it is the gift of God - Ephesians 2:8**



**738** Professions of Faith

**58** Graduated Evangelism Training

People Served **151,165**

Impact Interventions **1,983,050**



## Monitoring & Evaluation

Monitoring & Evaluation, and Quality Improvement processes establishes a culture of accountability within the organisation. The people we serve benefit from programmes and services evaluated and proven to make a positive impact in their lives, ensuring that every resource is used to its fullest potential.

Feedback and insights from clients are utilised to refine strategies and enhance service delivery, resulting in better addressing people's evolving needs over time. Collecting and providing information for evidence-informed decision making means interventions are tailored to be responsive, relevant, and effective. Our commitment lies in faith-driven stewardship, delivering meaningful outcomes, and working collaboratively.

We have developed a unique Quality Improvement Index, drawing inspiration from the creation of the Human Development Index. This index enables us to consolidate multiple indicators into a single measure, track progress and make informed decisions for improvement. For example, we track and evaluate the visits done per community health worker per month and Health Care Centre bed occupancy rates. This helps to identify and meet gaps in healthcare delivery, assess the impact of health programmes and interventions, and provide evidence for resource allocation and policy decisions. Additionally, our utilisation of "Power BI" software for data analysis and visualisation has taken our communication efforts to a much improved level. By introducing interactive dashboards, we have taken our reporting and quality improvement to new heights, enhancing our ability to convey information and insights in a visually compelling manner.

By Tawanda Mutsigwa

**"Living Hope positively impacted the lives of 151,165 individuals, meeting their unique needs with comprehensive services. Living Hope's impactful interventions were an impressive 1,983,050, addressing critical issues and promoting lasting change in order to transform countless lives and empower communities to thrive."**



### TOP 3

1,983,050 Impactful Interventions

44,287 more people served compared to 2021

Positively impacted the lives of 151,165 people.



## Human Resources

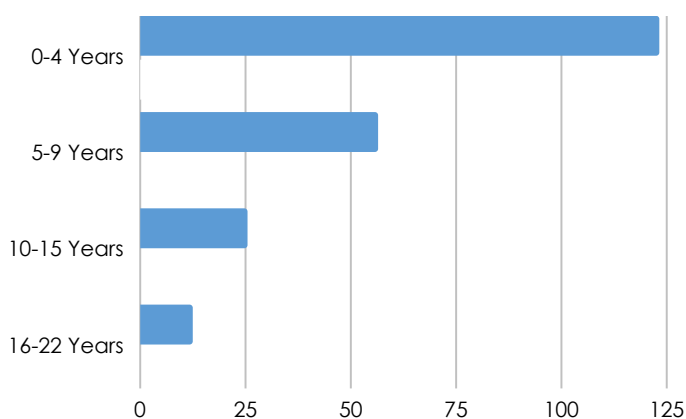
Living Hope's HR department has two permanent staff members, one international volunteer who oversees volunteers and internships, and recently we have taken on a HR intern for an 18-month work experience. This year Living Hope employed 220 employees and had 365 local volunteers, including interns that served and gained valuable work-based experience.

Every year Living Hope celebrates its long-service staff members. We acknowledge them with a breakfast, a gift, and a certificate. This occasion is always looked forward to by staff and time is spent sharing their memories and their journey with Living Hope. In November 2022, we celebrated four 10 years, five 15 years, and two 20 years long service staff members. The graph shows a breakdown of where we are at with our staff retention. This also includes 8 long-serving international volunteers who have served between 4 and 15 years. Living Hope is fortunate to have such a dedicated and tenured team, and the longevity of the staff is a testament to the positive work environment and culture they have fostered, as well as their commitment to Bringing Hope and Breaking Despair.

By Kerry-ann Ives

**"At Living Hope we have the privilege of being able to serve God through the work we do. Each staff member with their various roles, skills, talents and personalities contribute to our mission and vision. No role is too big or too small. Each provides a valuable contribution to the whole."**

**Staff Retention and Long Service**



**365** Volunteers

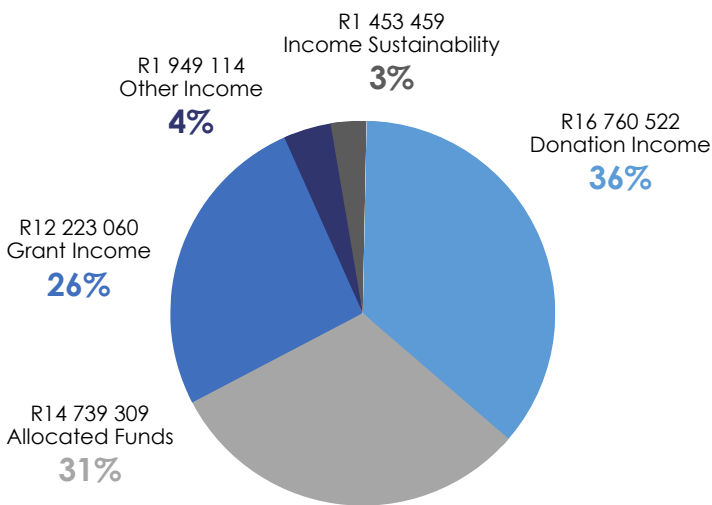
**220** Employees

The 2022-2023 financial year was a good, stable year ending with a surplus. During the year, support was raised for two big projects in the planning phase – building and fencing in the Eastern Cape and solar power systems throughout our branches.

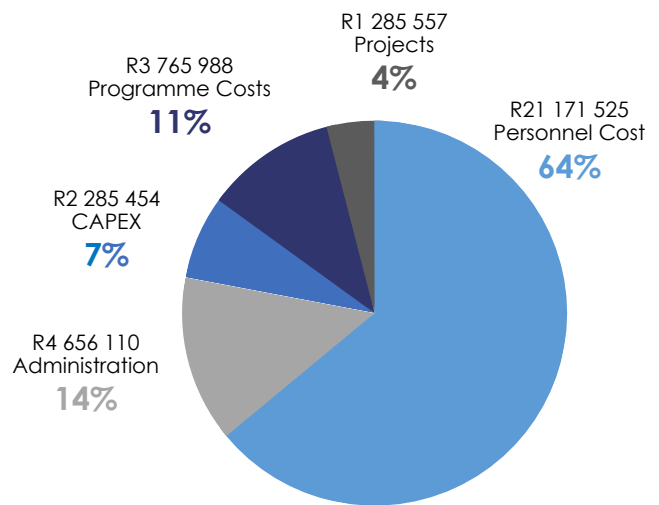
We received R47.1 million in income and spent R30.9 million, leaving a surplus after depreciation of R16.2 million. 91% of this surplus is designated for capital growth, such as the Eastern Cape and Solar project. 9% left to cover daily running costs (equates to R1.4 million which could fund 85% of the monthly salary bill). Further, in this period, 86 cents in every Rand or Dollar was spent directly on the work that we do, with only 14% going to administration. Additionally, we spent R2.3 million on assets and infrastructure. These projects were fully funded and included replacing three vehicles bought in 2007 for our nursing teams, much-needed IT upgrades, finishing the shade net structure and buying a tractor for the Agricultural programme.

The following graphs depict each ministry area's income and expenses and show in which category funds were received and expended. Living Hope is grateful to the donors and supporters who came alongside us; you are an encouragement and a blessing. For a more detailed Financial Report, please take a look at the Audited Financial Statements 2023.

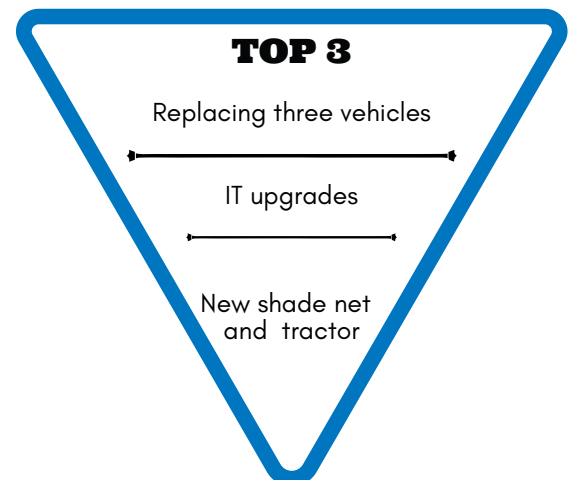
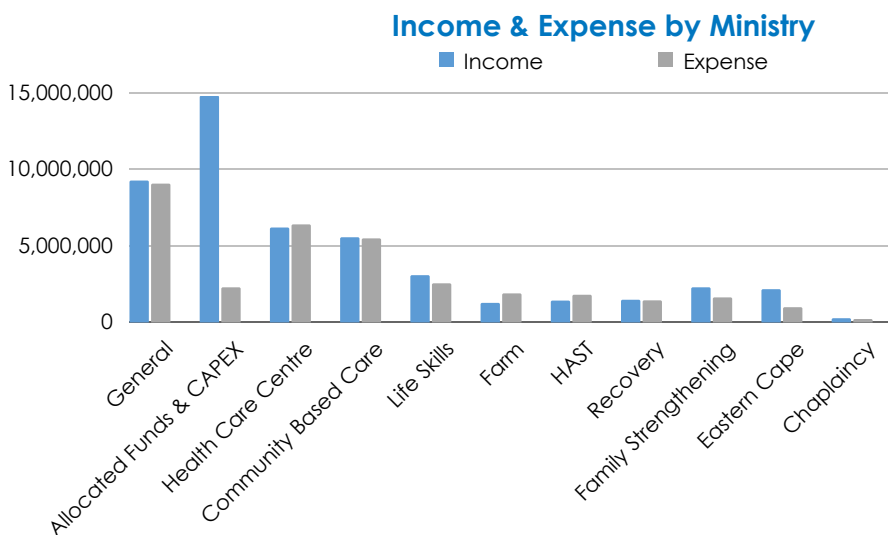
By Jessica Bennett



Living Hope Income by Category



Living Hope Expenses by Category



# Donor Acknowledgements

Paterson & Cooke Consulting Engineers (Pty) Ltd

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Kurt & Joey Strauss Foundation

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The Rutledge Family Legacy Fund



Our grateful thanks go to every single donor (some who choose to remain anonymous) who have contributed to Living Hope. The Board of Trustees, Management and Staff of Living Hope wish to thank everyone for their contribution. Please note that the content of our programmes is the responsibility of Living Hope and does not necessarily reflect the views of our donors.



**These statistics reflect clients served  
between April 2022 - March 2023.**





Bringing Hope, Breaking Despair

### How to Donate

[www.livinghope.co.za/donate](http://www.livinghope.co.za/donate)

Account Holder: Living Hope Trust

Account Number: 62061847748

Branch code: 202300

Bank: First National Bank

Type of account: Savings Account

Reference: Your email

Living Hopes accepts secondhand donations. These can be dropped at our Capri campus.

### Visit Our Charity Shop

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