



Bringing Hope, Breaking Despair



Annual Report



Health
Care



Substance Abuse
Recovery



Life
Skills



Agricultural
Training



Family
Strengthening

Living Hope is a Faith-based Non-Profit Organisation whose vision is to reach people for Christ, Bringing Hope and Breaking the Despair of poverty and disease. Living Hope undertakes community development through educational, social, income generation, and health-related programmes; and plays a vital role in the prevention, care and treatment of people infected and affected by HIV/AIDS and other chronic illnesses.

Living Hope is involved in 12 of the 17 U.N. Sustainable Development Goals (SDG's).

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56 459



attendance of kids at afternoon clubs

40%

of people who are HIV+ not taking therapy



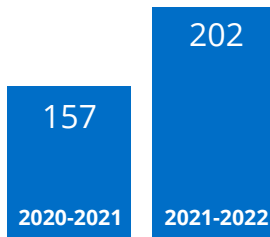
18 577

HIV tests



642 People started on treatment

People served through Harvest Training Initiative



6818

TB Treatments



1440

Drug-Resistant TB visits

#1

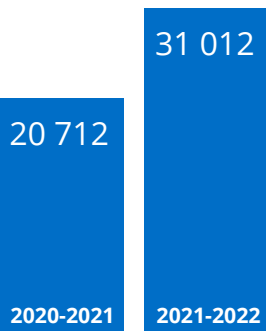
cause of death in ZA = TB



Diabetes #2 cause of death in ZA



People served: ICHBS Programme



45

Persons with Disabilities attending weekly support groups



55% failed to complete Matric

39% Unemployment



people served in our Job Centre

1359



Medication Deliveries

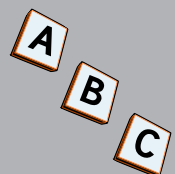
34 722

40%

children below age 4 are nutritionally deprived



30% households severely food insecure

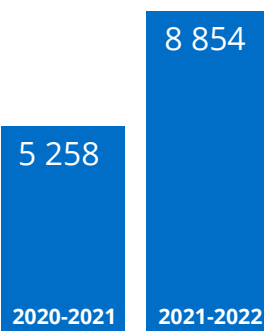


58%

of children not exposed to early childhood education



People Served in East London



18 000

kgs of tomatoes



3500 kgs of cocktail tomatoes

55%

Alcohol related injury



80% Drug related crime

average age of drug dependency

12



6000 lifts to school

1

million

meals served

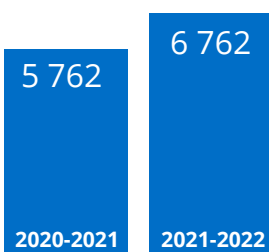


56% of Western Cape children have been physically abused



21% of women experience domestic violence

People Served through Life Skills



690 parenting talks



Parents trained in Booksharing

190

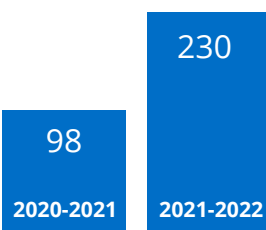
122



moms completed ante-natal course

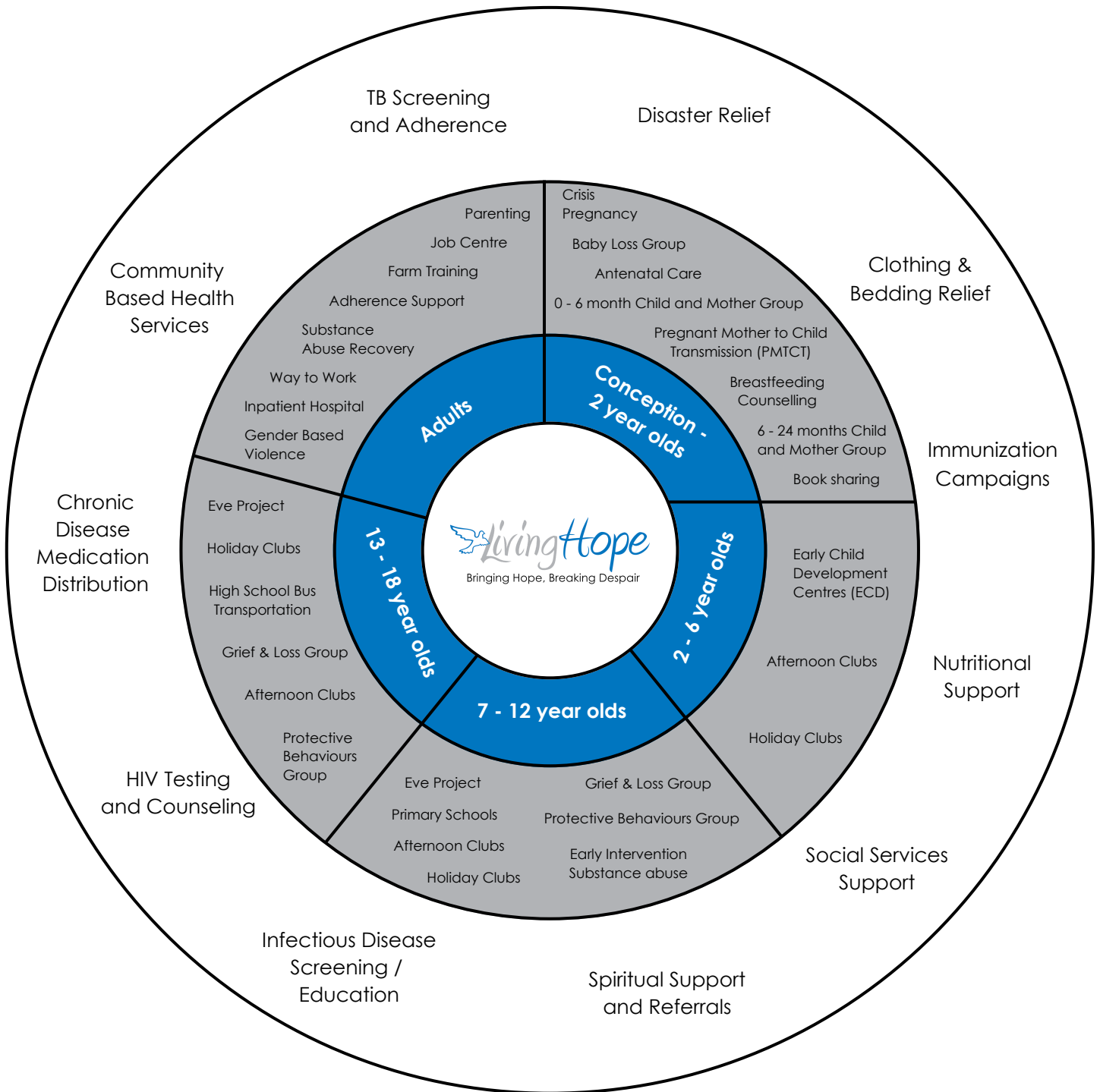
2127 crisis pregnancy sessions

People Served by the Health Care Centre



Living Hope Programmes

Through 52 programmes, Living Hope journeys with people across all life stages, from conception to death, as we Bring Hope and Break Despair.



Chairperson's Report



I continue to be amazed by the resilience and ingenuity of the staff and volunteers of Living Hope. This past year has been a challenge with the ever-changing restrictions due to COVID-19, yet our programmes have been able to continue going and growing. Our Kids' Clubs have adapted by rotating age groups, meeting outside where possible and pivoting with each adjustment to the restrictions. Some new programmes have been established also, with the Cooking Mamas providing food to the vulnerable and the vaccination programme making the COVID-19 vaccination more accessible to those who either have no transport or cannot afford to miss a day's work to receive a vaccination. At a recent Board meeting, I shared with the Trustees a long list from 1 Chronicles 11 & 12 which honours the Mighty Men who helped King David. I wish in this report we could list by name each staff member, volunteer, Trustee, partner and donor who has contributed to the ministry of Living Hope in the past year. Our staff have worked with creativity, some in dangerous situations, to ensure that the hope of Jesus reaches into some very dark situations. With ingenuity, we have seen our Recovery Programme branch out and reach more folks trapped in addiction. We have seen a disability programme start to flourish – a programme focusing on a very neglected part of our community.

This has also been a year of anticipating a handover from John Thomas to Victor Thomas as the Executive Director. I believe that this process, although it has been long, has been done in such a way to guard the stability of the organisation. Victor joined us in January when he worked alongside John for the last few months of this financial year. We are thankful for the way the two of them have partnered together in ensuring that this process has gone so smoothly. John Thomas has agreed to remain on the Board of Trustees and will serve as our Founder and Global Ambassador. It is my hope that the systems, policies and structures that have been established at Living Hope over the years will be a good foundation for Victor in this coming year as he captains Living Hope. Whether it is the result of the pandemic or is just one of the patterns of the world, we acknowledge that as we look to the next financial year across the world we are facing a financial crisis. For Living Hope this means that in the communities we serve, where so many are already facing poverty, the challenges will become bigger. We are also aware that this means that our partners and donors will be facing these same challenges. It is my hope and prayer that God will continue to supply each of our needs and that He would continue to bless us with ingenuity and creativity so that Living Hope can continue to bring hope and break despair in the communities we serve. Thank you for your partnership with Living Hope.

By Tracey Uganja

Executive Director's Report



It is an incredible honour to take the lead at Living Hope. I am so thankful and aware of the Godly and wise leadership that precedes me, and it has created a strong foundation from which to continue to build. I join a wonderful staff team, as highlighted in this report, dedicated to Bringing Hope and Breaking Despair. The report demonstrates the incredible variety of impacts Living Hope is having in the lives of individuals and communities. With the continued easing of COVID restrictions this past year; we have seen the Health Care Centre more than double the number of patients served, home health visits have increased by fifty percent, and the changes have allowed us to increase the number of students to our agricultural programme by forty- five percent. Each number reflects a changed life, a new story for tomorrow and a better future for us all. Your continued partnership makes this happen. Thank you.

By Victor Thomas

Founder and Global Ambassador



What a great year we had. God's faithfulness has been evident wherever we have turned. There have been many wonderful highlights to which this report attests. It has been my privilege to be involved at Living Hope since its inception. I remember the first meeting with Dr's Harold and Barbara Robertson in their lounge to discuss the need in our area to help with the then-huge problem of HIV and AIDS. That was in November 1999. It has been my privilege to lead Living Hope in the past 22 years in one form or another. What an incredible journey of faith and risk and seeing the Lord come through in amazing ways.

Succession planning is always a concern, particularly when the founder is still in place. I gave the trustees five years notice of my resignation, and a gradual transition of succession took place. When the formal process of the search for a new Executive Director began, and Victor's name was placed on the table, I immediately withdrew from the process as I wanted it to be a robust, fair and objective process. You can imagine my joy when I was told that after a rigorous process Victor Thomas, our son, was chosen to be my successor. The way the Lord has prepared Victor for this role has been incredible, and it is further evidence of God's hand on Living Hope as an organization.

I am humbled, amazed, and blessed to have been part of Living Hope for the past 22 years and stand back in awe at what the Lord has done during this time. To God be the glory.

By John Thomas



Programme Director

Despite ongoing COVID-19 uncertainty, our incredible staff were ready to adjust plans accordingly. All programmes seemed to flourish under the challenges of the situation, becoming much more intentional in ensuring that they were making a difference. We have noted that our staff have been actively referring clients to complementary programmes within Living Hope for additional support and healing. This in itself shows growth in the understanding that each programme cannot meet every need of every person, so we need to reach out for expertise and assistance from our other departments. Such behaviour will result in a stronger, more resilient, and healing community.

Some of the highlights of the past year include:

- The formalising of the Family Strengthening programme
- The successful completion of the distribution of goods to over 5000 fire victims of the massive fire disaster of 17 December 2020
- Growth in the number of staff in the Integrated Home and Community Based Services team
- The launch of a medicine distribution site at our Capri office
- The start of a specialised integrated programme for the disabled and their carers
- The launch of a mobile COVID-19 vaccination site
- The involvement of Expanded Public Works Participants across many of our programmes
- God's faithful provision of finances to fund the 53 programmes we offer and the staff to facilitate each one.

I am deeply grateful to the Lord for His clear guidance, provision, and leadership in every way. It has been an incredible time of literally having doors opened and closed before us – To God be the Glory!

By Avril Thomas

HIV, AIDS, STIs and TB (HAST)

The HAST team is one of the longest-serving programmes at Living Hope and one of its original members, Agnes (Nolizwe) Malashe, was celebrated in October last year for 20 years of faithful service! It takes a special kind of person to be a HAST Counsellor, as one needs to combine the qualities of practical testing skills with compassionate, calm professionalism, all the while delivering possibly life-changing results to a client in as sensitive and unhurried a manner as possible. We are incredibly blessed to have a team that has stuck together through all the challenges and uncertainties of the last three years and is still efficiently working within the Health Care Facilities of the Western Cape. This Programme offers services that cover Family Planning, Medical Male Circumcision, Sexually Transmitted Infections, ARV and TB Adherence, Prevention of Mother to Child Transmission, Pre and Post Exposure Prophylaxis, Self-screening HIV tests, Index Case Tracing, and Drug-resistant Tuberculosis. The Drug-Resistant TB Counsellor, Thozama Manga, successfully started 27 clients on the Evrimed Pill box system, which was the highest number started in the Southern Sub-structure of the Western Cape. The past year has seen the HAST Counsellors testing and counselling people for HIV and supporting clients with TB. Clients have been reached through clinic talks and have been receiving their HIV medication through the ART Adherence Clubs. When supporting our clients facing serious illness and disease, we look to Christ's example of care and compassion for help in guiding and supporting our clients through these difficult times.

By Sue Schoultz

37 034

People Served

242 949

Impact Interventions

Health Care Centre

As a health facility, the year 2021/2022 was the second year that we had to do battle with COVID-19. Our protocols and standards had to remain firmly in place as we braved wave upon wave of different virus variants. We thank God for being able to care for, on average, 16 patients per month throughout this challenging time. We had two particular patients that impacted all of us this past year: A 24-year-old was at the end of his life secondary to substance abuse and he did not qualify for an organ transplant. He had a very broken relationship with his family and though we could not do anything to cure him medically, we were able to lead him to the Lord and help him to reconcile with his family before he passed. We also had an older patient that was deeply depressed post-COVID and had given up on life. In the first two days of his admission, he improved drastically, starting to eat and talk to his family. After his discharge, he came back to visit us and tell us how much better he felt. In those first 48 hours of his stay, before any medical interventions could start to have a real effect, the love and care he experienced from our staff healed him! We are very thankful for opportunities such as these to make an impact.

The donations to Health Care Centre this year were very generous, allowing us to buy new beds, bedding and other furniture, which was very much necessary. We also received a donation from Happy Scrubs, who provided scrubs for all the staff at Health Care Centre. We want to thank all the donors that have been faithful in their giving and bless you the same as Paul blessed the believers in Philippi, commending them for their generosity. I would like to end with this very confident statement: "And My God shall supply all your need according to His riches in Glory" Phillipians 4:10-19

By Sister Margaret Roberts

People Served

230

Impact Interventions

129 006



Family Strengthening

When you broadly define “family” it really means that no one gets left behind or is forgotten. As the Family Strengthening Department, we have strived to achieve this ideal through responding to critical issues in family relations, cultivating relationships with local organisations and community members, and doing all that we can to ensure that no member of the “family” of our community falls through the cracks. We have reached pregnant mothers in crisis with mental health screenings and counselling support. Our First Thousand Days Programme reached parents across the Peninsula with Antenatal classes and Book-Sharing. The Children’s Early Intervention Programme, (aiming to prevent drug addiction in primary school children) reinvented itself to work inside the school context due to COVID. The Family Strengthening Officers assessed and intervened in various social ills, such as intimate partner violence, missing identification documents, ongoing food insecurity, mental health challenges, child neglect, abandonment, and domestic abuse. One of our most exciting successes was the launching of a disability programme where a Social Worker and Occupational Therapist run psychosocial support groups benefitting the communities of Masiphumelele, Ocean View, Overcome and Capricorn. We currently have 45 persons living with disabilities actively participating. We also ran 4 wide-reaching campaigns over the year. These included Child Protection, Disability Awareness, Non-violence against Women & Children and a Moms & Babies campaign where we collaborated with local clinics to bring health care services to children and their mothers at their doorstep. Hundreds attended each event! We are always in awe of God’s provision through the general donations we receive from the public, as this has helped so many vulnerable victims of fire and floods. The charity shop underwent some renovations, which contributed to bringing in R318 864 in 2021. That income helped us pay salaries and cover operating costs for our programmes. We could not be more grateful for what God has helped us achieve and the paths He keeps opening for families to thrive.

By Sive Vaaltein



8 163

People Served

43 899

Impact Interventions

Life Skills Education

What another amazing year. God again has shown us that He is more than enough. During various levels of lockdown, when gatherings were not allowed, the LSE’s found themselves enjoying and learning from the unexpected opportunity of visiting kids and their families in their homes, which otherwise would not have happened if not for COVID. The families were very welcoming and appreciated the support we gave their children and teens at a time when everyone was feeling so isolated from their social connections. Other COVID regulations meant that when gatherings did resume, we had to divide the usual large afternoon club group into 3 smaller groups, meaning that our staff had to repeat the same programming 3 times every day! Initially, our staff were hesitant about how this would affect their clubs, but looking back they can see that there were many benefits to having the children in smaller groups and grouping children of the same ages together. This meant that the programme could be tailored to fit a particular age group of children, and there were more opportunities for getting to know individual children better. We want to thank every donor and funder supporting the work God entrusts us with. Without your support, we cannot do what we do. We appreciate how your financial support, volunteerism, prayer and donated goods, helped us bring relief and support in the name of Christ. In closing, we are very grateful for every

opportunity we have to reach a child, reach a teen, reach a parent, and reach a job centre client.

People Served

6 762

Impact Interventions

237 433

May God bless you.

By Nathan Pantl

Harvest Training Initiative

Our agricultural business training programme is constantly growing! Literally! Our partnerships with 3 agricultural colleges continue to flourish and we are proud to provide the practical training necessary for these students to complete their training. We love to see students returning home, sharing their knowledge and experiences from their time at Living Hope with their communities. Our top student last year graduated and was able to pay back her loan to Living Hope as well as making a wonderful profit from her food tunnel! It has been a privilege to see that many of our students are finding permanent employment in the agricultural industry following graduation. Thanks to generous funders and grants, a barn renovation was completed and new tools, equipment, work suits and boots were purchased, a new shade net structure was erected and an irrigation upgrade was installed. All of the farm's produce is in high demand at the moment. This year we sold 18 000 kgs of tomatoes, 3500 kgs of Cocktail tomatoes and 6300 kgs of cucumbers. We introduced microgreens and carried on with all of our seasonal vegetables, honey and duck eggs. We happily continue to donate the produce from the shade nets to the Cooking Mamas in order to feed those in need in our local communities. We would like to thank our dedicated lecturers and mentors, as well as the volunteers who manage and teach hydroponic, livestock and shade-net structure farming. We also owe many thanks to The Orange Knowledge Programme from NUFFIC and Delphy, as well as Stellenbosch University, AGRISETA, and the many local new and existing buyers who purchase our products. When students graduate, they leave their imprint in the hearts of Living Hope as much as we hope to have impacted their lives. It is a privilege to be a part of their journey as we see the seeds we have planted in these students, growing into so much more!

By Chantel Liebenberg

People Served **202**

Impact Interventions **7 008**



Integrated Home and Community Based Services

Health is so much more than healthcare. This is why Living Hope offers a fully integrated service through our Community Health Workers. A health worker can't solve every problem that faces a family or patient, and our team has really come to understand the value of connecting the client to other programmes within Living Hope. The links between our programmes are vital! We bring resources to surround our clients with support. Ultimately, this makes the bigger team of community support much stronger. Though the task of caring for very ill and disabled clients can be challenging, our staff know that they are not alone. They also bring that same message to clients who are struggling with illness and disease; that they do not have to face health challenges on their own. We can assist with daily living activities, wound care, chronic diseases, and health maintenance. This team works with incredible passion and a special purpose and calling to do the best and right thing for our communities. We served 31 012 people and completed 145 597 household visits. We delivered medication to clients right to their doorstep, a valued service that distributed 34 722 parcels successfully. This valuable service has de-congested the local clinic and hospital. Our Breastfeeding Peer Counsellor reached clients through 129 talks. Living Hope follows the World Health Organisation calendar and took part in all main campaigns while still abiding by COVID protocols: World Diabetes Day, World Aids Day, World TB Day and Mandela Day. Some of the challenges that we are facing include community violence, gang wars and drug addiction in the community, as well as unfavourable weather conditions. Despite the roller-coaster ride, we build trust in our communities by our promise, which is to "leave no one behind" as we continue our humble efforts to do the greatest good for the greatest number of people in need of our services. Together, this team has touched many individuals and families with the life-changing message of Jesus' love.

By Joy Truter

31 012 People Served

474 927 Impact Interventions

Chaplaincy

We praise God for his faithfulness in the lives of the staff of Living Hope family. Twenty-seven Living Hope staff members were trained in evangelism, and now they are excited to share the goodness of Christ with confidence. We had several salvations and we give glory to God. We have referred all the clients to Biblical churches. We are grateful that last year we managed to reach out to many local pastors. The gospel message was shared with each of the 230 patients that were admitted to the Health Care Centre. The support group held every second Monday of the month with the staff was a success, staff enjoyed the time of us meeting together and being able to share some of the challenges as they worked with patients daily. Zoom prayer meetings were a blessing. We praise God for the power of prayer and the answered prayers through the corporate prayers. We thank God for his faithfulness in the ministry of Living hope.

By Nolo Mzizana

Recovery

We all know that making a change is hard. Making the decision to get treatment and stay sober means that in every area of a client's life, they need to make choices that support their sobriety. Social, spiritual, family, church, and community support are all vital components of Recovery. Our staff are passionate about both the on-site treatment phase and about equipping clients to get the support they need for sustained recovery. Newly expanded to 3 offices, our treatment programme is tackling addiction in Retreat, Muizenberg, Ocean View, Red Hill and Masiphumelele. This means that in addition to our regular programming, we are running the programme at night in homeless shelters, support groups meet in the evenings, and family outreaches happen over weekends! Recovery isn't just 9 to 5! Please pray for the lessening of barriers like gang violence that can prevent clients from attending. We are delighted that 91 people completed the programme this year, with 37 professing faith in Christ. We are so grateful to the volunteers and churches who consistently provide support services to our clients. We celebrate recovery for another year and look forward to more amazing miracles of breaking the chains of addiction.

By Olivia Andries



Recovery Video

People Served **520**

Impact Interventions **70 525**

East London

We have had an incredible year serving over 8854 people. We are still working well with other stakeholders in the area, including the Eastern Cape Department of Health. Through this partnership with DOH, our Community Health Workers are able to complete "defaulter tracing", meaning that we can find clients that are not taking their medications or are not returning to their appointments. By offering our support, we can get them back to get the care they need. This process of tracing clients also means that with our help in locating clients and getting their accurate information, the nurses, doctors, and data capturers can update the client's files and better advocate for the health of the community. With only 6 employees in this branch, we are so grateful to have staff who are dedicated to what they are doing and willing to cover for one another when needed. We were happy to give food parcels to children, and their parents were delighted too, as there is often no food in our kid's homes. We had a pastor's tea for the first time to build a relationship with the pastors and churches in the area. We do hope to continue to build the infrastructure of this branch as we have been victims of theft and lack of suitable meeting spaces, but in all, we are grateful to God for His blessings to us, the Lord who has kept us safe and sustained us even in challenging times.

8 854 People Served

98 336 Impact Interventions

By Pumla Madliwa

Monitoring and Evaluation Report

Over the past year, we have been improving our monitoring and reporting. It has been exciting to find new ways of solving challenges and to work as a team with all Living Hope departments and external stakeholders.

Our focus as the Monitoring and Evaluation department was on improving the way that we gather our data, in order to be able to make better decisions and share with you all how lives are being impacted for the better. We made lists of what it takes to serve people through Living Hope programmes and reported a few of the things on the list that leaders saw as the most beneficial to the people we serve.

We are confident that with your support and our commitment to Excellence for God, we will continue to inspire and serve more people and communities through data-driven decisions and God inspired people-centred approach to ministry. We were privileged to serve 106 877 individual people who received 2 314 189 people-centred Impact Interventions.

By Tawanda Mutsigwa



People Served 106 877

Impact Interventions 2 314 189

Human Resources Report

It's been an exciting and busy year for our HR team. We have had several legislative changes and specifically within the Basic Conditions of Employment Act pertaining to Family Responsibility leave expanding into a parental leave category. Wonderful news for new parents! We have also had to apply the new legislation around POPI Act (Protection of Personal Information) and PAIA (Promotion of Access to Information Act) and ensure that our organisation is compliant and has registered an Information Officer with the South African Information Regulator – Department of Justice.

Living Hope also successfully applied for the EPWP programme (Expanded Public Works Programme) which is a government initiative to alleviate unemployment – specifically among youth and women. South Africa's national average unemployment stood at 35.3% in the fourth quarter of 2021. Youth in South Africa continue to be disadvantaged in the labour market, with an unemployment rate higher than the national average. This programme allows for funded employment for a specific period of time in particular sectors and is focused on job-based experience and training. Living Hope was awarded the contract for a five-month period, from November 2021 to March 2022 and we were able to employ an additional 51 staff members spread across our Family Strengthening programme, Community Based Services programme, Harvest Training Initiative Programme (farm), Land clearing Initiative and our Mobile COVID 19 Vaccination programme. 6 EPWP participants have since been integrated into our permanent staff compliment and 1 EPWP who was part of the farm project applied for the HTI student programme and got accepted to be part of the student programme. For our reporting period, we have employed up to 251 employees. This count does not include students, volunteers, Interns, casual employees or contractors. We continue to give thanks to God for his provision, which enables Living Hope to make a difference in the lives of the people we serve. We are honoured and blessed to be able to live out our mission and vision of bringing hope and breaking despair.

By Kerry-ann Ives

Finance Report

In the 2021-2022 budget year, Living Hope received R34.1 million in income and spent R28.1 million. 88c in every Rand or Dollar of this expenditure was spent directly on the work we do (12% on administration). Additionally, we spent R2.9 million on assets and infrastructure.

These projects were all fully funded and included:

- Completing the parking and roads at our Capri branch
- Fitting out the farm barn with shelving & storage
- Buying a mobile clinic trailer for COVID 19 vaccinations
- Laptop and computer upgrades
- Starting construction of a large shade net garden on the farm (to be completed in 2022-2023)

88%

Spent on Programmes

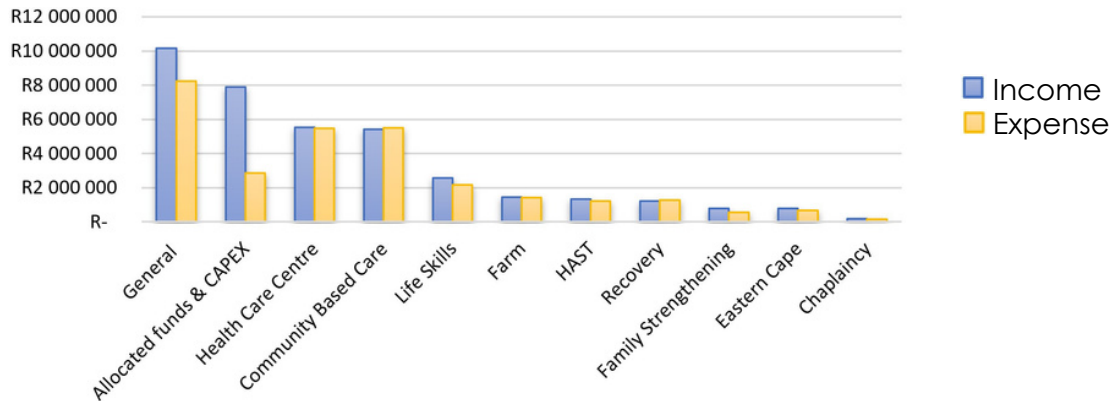
12%

Spent on Overhead

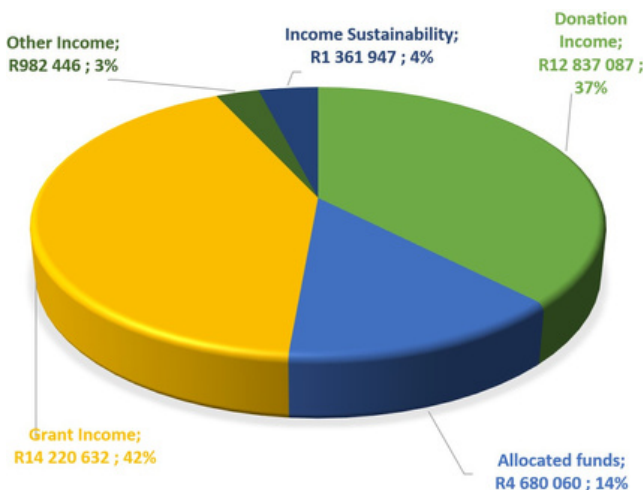
The surplus after depreciation was R5.96 million. 75% of this surplus was specifically donated for current or future property and equipment purchases and growth. Over the past few years by careful management, we've built a fund reserve that would allow for 6 months of continued operations if we had to face severe financial crises. We hope to keep this in place moving forward as an indicator of stability and sustainability. The following graphs depict the income and the expenses of each ministry area and show in which category these funds were received and expended. For a more detailed Financial Report see Audited Financial Statements 2022. Thank you to the donors, funders and supporters of Living Hope, we are so grateful that you've partnered with us to help so many people and meet them in their place of need. We give God all the glory for what has been provided and ask that you would continue to support and pray for Living Hope in the years ahead.

By Jessica Bennett

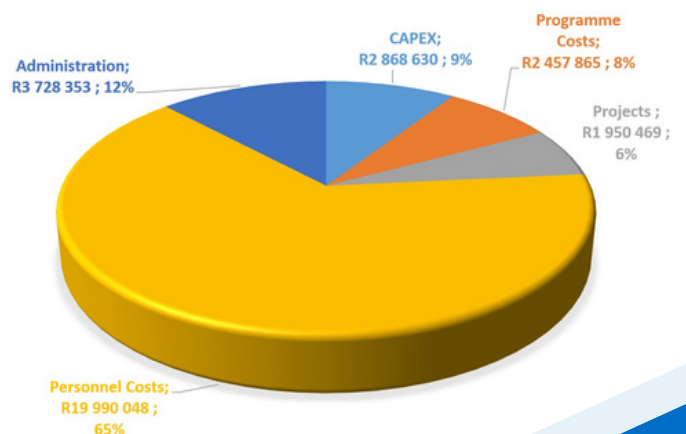
Income & Expense by Ministry



Living Hope Income by Category



Living Hope Expenses by Category



Donor Acknowledgements

McCann Charitable Fund

SP Practice Consulting Services

Clifford Harris Trust

Wilson Family Trust

Mars Hill Capital

Jon Beckman

Lawa Estates

Henk Joubert

The JDI Foundation Events Trust

Orchestrator Advisory

Ndihluthi Stew

Sugarbird Trust

Patrick & Melanie Hammer

Wiegand Morning Star Foundation, Inc

Bronner Burgess Memorial Fund

Rolf-Stephan Nussbaum Foundation

The Rutledge Family Legacy Fund



Our grateful thanks goes as well to every single donor (some who choose to remain anonymous) who have contributed to Living Hope. The Board of Trustees, Management and Staff of Living Hope wish to thank everyone for their contribution. Please note that the content of our programmes is the responsibility of Living Hope and does not necessarily reflect the views of our donors.



Bringing Hope, Breaking Despair



How to Donate

www.livinghope.co.za/donate

Account Holder: Living Hope Trust

Account Number: 62061847748

Branch code: 202300

Bank: First National Bank

Type of account: Savings Account

Reference: Your email

Living Hopes accepts secondhand donations. These can be dropped at our Capri campus.

Visit Our Charity Shop

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